



Risk Management Steps 1 and 2: Risk Screening + Stratification

Ask

- + Personal History of Substance Use Disorder
- + Family History of Substance Use Disorder
- + Personal History of Psychiatric or Mood Issues / Diagnoses
[PHQ-2](#) → [PHQ-9](#) if affirmative for depressed mood; [GAD-7](#) if affirmative for anxiety
- + Personal History of Trauma: [ACE](#) questionnaire
- + Risk for future opioid-related aberrancies: [SOAPP-R](#) (alternatives: [RIOSORD](#), [ORT](#))
- + Personal History of Addiction-Prone Substance Use: Screening Portion of [SBIRT](#)
"Do you or have you ever used _____"
 - + Alcohol affirmative → [AUDIT](#) screener
 - + Cannabis affirmative → [CUDIT-R](#) screener
 - + Tobacco affirmative → [Fagerström Test](#)
 - + Drug(s) affirmative → [DAST-10](#) screener
- + Current opioid amount: [Practical Pain Management Opioid MME Calculator](#)

Verify

- + Medical Record review
- + Reports of family, others
- + Online Prescription Database: Specific name varies by state
- + Definitive Urine Drug Test: GC/MS or LC/MS-MS
- + If already on opioids:
 - + Oxygenation studies to determine respiratory safety
 - + EKG to determine QTc if methadone is prescribed or considered

Stratify

Estimate risk for controlled substance use based on the screened information

- + LOW risk for controlled substance use
- + INTERMEDIATE risk for controlled substance use
- + HIGH risk for controlled substance use

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